

Do Your Part.

Own your thoughts, words, and actions.

This month, we're challenging your students to reflect on their experiences and take responsibility for how they choose to learn and grow from these experiences. **We are partnering with you to grow and develop your child's sense of responsibility.** As you reflect as a family, celebrate your accomplishments, identify areas you may want to improve, and consider new ways to serve others in the days ahead.



1 Engage: 100 Family Memories

100 Family Memories. This December, challenge your family to list 100 family memories from the year, big and small. As memories come to mind, add them to the list. At the end of the month, share and reflect on these memories as a family. Celebrate the good ones, talk about the lessons you may have learned from the hard ones, and think about how you have grown this year.



2 Empower: One Word

Instead of writing a long list of resolutions or goals for the new year, ask each family member to focus on one word. Set aside time and ask each family member to share their word and why they chose it. Get creative and make a sign or decorate a notecard with this word to remind you.



3 Excel: Neighborhood Sunshine Walk.

Neighborhood Sunshine Walk. As a family, write a few notes of encouragement to uplift or affirm those in your community. Take a walk in your neighborhood or apartment building and leave these notes of encouragement on windshields, doors, or mailboxes to spread a little sunshine.

Conversation Starters

♥ What is your favorite memory from this year?

♥ Describe this year in three words. Why did you choose those words?

♥ What is one thing you want to learn to do next year?